# Evaluating Results of the Last Reprocessing Session

Name:       Date

***Global Evaluation:***

*“What has change in your life since our last reprocessing session? Any changes in symptoms, behaviors, things that use to trigger you, dreams, new thoughts, insights or information?”*

***Evaluation of last session’s Memory Targets:***

*“When you bring to mind the memory of:*

*what do you notice now? Any difference in how the memory looks or feels, or other memories come up from it?”*

(Check the SUDs of the Memory Target Now.)

*“Bring the memory to mind now, (have them not their head when they have it in mind) how disturbing is it now as you think of it from 0 – 10?”*

(If the memory is now above 0, continue reprocessing. Even if it was a 0 when you finished the last session. They continue to reprocess between sessions and some new material needs to be reprocessed.

If the memory was above 0 at the end of the last session and is now a 0. Do another set of eye movements, then continue with Phases 5-6.)

*If you completed more than one memory last session check each one.*

*“When you bring to mind the memory of:*

*what do you notice now? Any difference in how the memory looks or feels, or other memories come up from it?”*

(Check the SUDs of the Memory Target Now.)

*“Bring the memory to mind now, (have them not their head when they have it in mind) how disturbing is it now as you think of it from 0 – 10?”*

(If the memory is now above 0, continue reprocessing. Even if it was a 0 when you finished the last session. They continue to reprocess between sessions and some new material needs to be reprocessed.

If the memory was above 0 at the end of the last session and is now a 0. Do another set of eye movements, then continue with Phases 5-6.)

*If you completed more than one memory last session check each one.*

*“When you bring to mind the memory of:*

*what do you notice now? Any difference in how the memory looks or feels, or other memories come up from it?”*

(Check the SUDs of the Memory Target Now.)

*“Bring the memory to mind now, (have them not their head when they have it in mind) how disturbing is it now as you think of it from 0 – 10?”*

(If the memory is now above 0, continue reprocessing. Even if it was a 0 when you finished the last session. They continue to reprocess between sessions and some new material needs to be reprocessed.

If the memory was above 0 at the end of the last session and is now a 0. Do another set of eye movements, then continue with Phases 5-6.)